

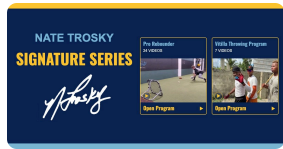


NATE TROSKY APP LINKS



Tap any link to open. Live board: trosky-app-links.pages.dev · Add any app: Safari → Share → Add to Home Screen.

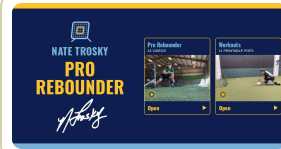
SIGNATURE PROGRAMS



Signature Series

Pro Rebounder + Vitilla programs, the original

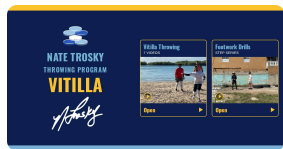
trosky-signature.pages.dev



Pro Rebounder

24 videos · 11 printable workouts

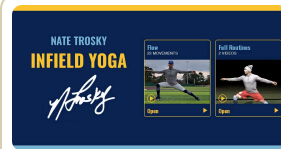
trosky-10-release-points.pages.dev/rebounder



Vitilla Throwing

7 videos · footwork drills

trosky-10-release-points.pages.dev/vitilla

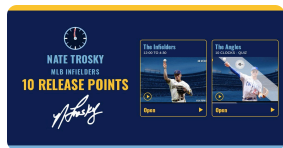


Infield Yoga

23 movements · Flow · Outdoor + Cage

trosky-infield-yoga.pages.dev

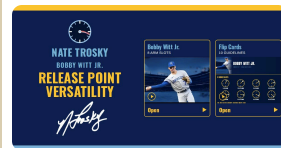
RELEASE POINTS



10 Release Points

MLB infielders · 12:00 to 4:30 · quiz

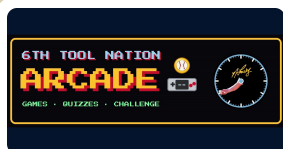
trosky-10-release-points.pages.dev/v/mlb



Bobby Witt Jr. · RP Versatility

8 arm slots · 10 guidelines · flip cards

trosky-10-release-points.pages.dev/v/witt



6th Tool Nation Arcade

Games · Quizzes · Coins

trosky-10-release-points.pages.dev/v/arcade

TRAINING TOOLS



5-Tool Calendar

Plan the week · check in nightly · drill library

sixth-tool-calendar.pages.dev



T3 Blackbelt Throwing

Tap the target · Command % · earn your belt

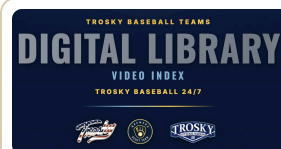
trosky-t3-blackbelt.pages.dev



5-Tool · Fit · Target

Give-out pages for a player and a parent

trosky-fivetool.pages.dev



Digital Library

Video index · Trosky Baseball 24/7

kali27-hub.pages.dev/library

TEAMS + EVENTS



Team Talks

Inside a Pro Scout's Eye · Aug 18

trosky-team-talk-aug18.pages.dev



Team Calculator

Password

Affiliation · team fees · regions

trosky-calc.pages.dev

TROSKY TEAMS
WEEKEND EVENT
Schedule · Fields · Results for the weekend





Weekend Event Coming soon

Schedule · fields · results

Coming soon

IN DEVELOPMENT

NATE TROSKY
SHOT CLOCK
In development · Test build





Nate Trosky Shot Clock Testing

Sound-activated shot clock · test build

trosky-shotclock-simple.pages.dev